

Savoury crepes



	PRICE
Ham and Emmental cheese.....	5,80€
Completa..... (Egg, ham, bacon, and Emmental cheese)	8,00€
Caribeña..... (Bacon, pineapple, mozzarella, caramelised onion, arugula and balsamic)	8,00€
Popeye..... (Egg, spinach, ham and Emmental cheese)	8,00€
Ibérica..... (Egg, ham, goat cheese and arugula)	8,00€
Campesina..... (Bechamel sauce, chicken, boiled egg and Emmental cheese)	9,00€
Marmita..... (Tuna fish, boiled egg, prawns, bechamel sauce and tomato sauce)	9,00€
Abuela..... (Bechamel sauce, mushrooms, spinach, boiled egg and Emmental cheese)	9,00€
Parmesana..... (Bechamel sauce, mushrooms, Parmesan cheese, loin and bacon)	9,30€
Cabrales..... (Mushrooms, Cabrales cheese, mozzarella and ham)	9,00€
Hortelana..... (Bechamel sauce, spinach, green asparagus, mushrooms and goat cheese)	9,30€
Mexicana..... (Meat, ratatouille, guacamole, Emmental cheese and spicy tomato sauce)	9,30€
Barbacoa..... (Meat, goat cheese, bacon, arugula and barbecue sauce)	9,00€
Tarantela..... (Meat, ham, bechamel sauce, Emmental cheese and tomato sauce)	9,90€
Gallega..... (Pork crackling, Tetilla cheese and tomato jam)	9,00€
Manchega..... (Chicken, ratatouille, spicy, Emmental cheese and tomato sauce)	9,00€
Bretona..... (Lettuce, chicken, crab, prawns and cocktail sauce)	9,90€
Quesada..... (Roquefort cheese, Emmental cheese, mozzarella, mushrooms and ham)	9,00€
Caprichosa..... (Smoked salmon, mixed lettuce, cherry tomatoes, anchovies, caviar and Roquefort sauce)	9,90€
Vikinga..... (Smoked salmon, fine herbs cheese, green asparagus, corn salad, cherry tomatoes and mango chutney)	9,90€
Jalisco..... (Chicken, lettuce, tomato, onion, guacamole, pepper and Mexican sauce)	9,90€

[If you have a food allergy, please inform the staff before placing your order.estaurante]

Vat included | 1

Salads



	PRICE
Mixta (Mixed lettuce, tomato, asparagus, tuna, onion, egg and olives)	9,80€
Paula (warm) (Mixed lettuce, stir-fried pasta with mushrooms, cured ham, avocado, egg and cocktail sauce)	9,80€
India (Brown rice, dates, nuts, citrus fruits, banana, mango, apple and yogurt sauce)	10,00€
Noruega (Mixed lettuce, avocado, prawns, smoked salmon, anchovies, caviar, and mustard vinaigrette and citrus fruits)	10,00€
Marroquí (Couscous, dates, citrus fruits, raisins, almonds, chicken, figs, honey vinaigrette and balsamic)	10,00€
Nogal (Lettuce, kiwis, avocado, Roquefort cheese, nuts and grapes with yogurt sauce)	10,00€
Caprese (Assorted tomatoes, fresh cheese, black olives, basil, Lamb's lettuce and pesto sauce)	10,00€
César (Mixed lettuce, crispy chicken, bacon, crouton, cherry tomatoes, oregano, parmesan cheese and Caesar sauce)	10,00€
Pastor (Mixed lettuce, grilled goat cheese, cherry tomatoes, carrot, black olives, nuts, caramelized onions with honey vinaigrette)	10,00€
Genovesa (Lettuce, tomato, cheese, bacon, prawns, black olives, fried bread, balsamic vinaigrette and honey)	10,00€
Valkiria (Lettuce, salmon, mango, fresh mozzarella cheese, avocado, tomato, mustards vinaigrette and citrus fruits)	10,00€
Quinoa (Quinoa, carrot, fresh spinach, Feta cheese, tomato, avocado, red onion, mustards vinaigrette and honey)	10,00€

Sharers



Cheese and pâtéplatter	11,00€
Seafood croquettes (8 units)	9,50€
Ham croquettes (8 units)	9,00€
Provolone with tomato, smoked bacon, caramelized onion and walnuts	9,80€
Huevos rotos' (broken eggs) with ham or chorizo from Lalín	9,80€
Vegetables wok with soy sauce and sesame	9,80€
Friedde lights (12 units) (Crispy shrimp, chicken skewer lollipop and cheese)	11,00€
Soup / Cream of the day	4,60€

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Pasta dishes



	PRICE
Meat/Vegetarian lasagne.....	9,80€
Noodles with chicken and vegetables.....	9,80€
Spaghetti Bolognese/Carbonara.....	10,00€
Black spaghetti with surimi baby eels sauté, mushrooms and prawns.....	10,00€

Rice dishes



Whole-grain rice wok with vegetables.....	10,80€
Mushroom risotto with crispy Parmesan cheese..	11,00€
Black risotto with cuttlefish and aioli sauce.....	11,50€
Octopus and grelos risotto.....	13,00€

Our specialities



Grilled cow Croca	12,00€
Beef Burger (180 gr)..... (Bacon, traditional Tetilla cheese, arugula and caramelized onion, mustard sauce)	10,50€
Iberian meat in Mencía sauce.....	12,00€
King prawns in sea urchin sauce.....	14,00€
Grilled octopus with turnip greens.....	14,00€
Fried crispy chicken battered with corn and barbecue sauce.....	11,50€
Iberian pork sirloin with Pedro Ximenez sauce and caramelised onion.....	12,50€

Menús



Diary menu..... (Two courses, dessert or coffee, bread and a drink) (Monday to Friday Lunch- except bank holidays)	11,00€
Half menu..... (One course, dessert or coffee, bread and a drink)	9,00€
CHILDREN'S MENU (under 9 years)..... (Crispy chicken with corn, croquettes and chips with ketchup) Dessert and a drink.	9,50€

Sweet crepes



	PRICE
Chocolate..... (Chocolate, milk, white or mixed chocolate)	5,00€
Chocolate, cream and almonds.....	5,50€
César..... (Chocolate, vanilla ice cream and almonds)	6,90€
Pampa..... (Sweet of milk, vanilla ice cream, banana flambé with Grand Marnier)	7,20€
Argentina..... (Sweet of milk, cream and crème caramel)	7,20€
Delicias..... (Chocolate, banana, cream and almonds)	7,20€
Compostela..... (White chocolate, chocolate ice cream, banana and walnuts)	7,20€
Parisina..... (Chestnut cream, whipped cream and almonds)	6,90€
Sussete..... (Orange marmalade, almonds and Grand Marnier flambé)	6,90€
Estela..... (Custard, kiwi, banana and tangerine ice cream)	7,20€
Nutella..... (Nutella, banana and strawberry)	6,00€
Ganache..... (White chocolate, yogurt, berries and strawberry ice cream)	7,20€
Bosque..... (Raspberry jam, white chocolate, kiwi, mango and cream)	7,20€
Asturias..... (Applesauce, cream, cinnamon and walnuts)	6,90€

Desserts



Grandma's cake..... (Chocolate, custard and biscuits)	5,00€
Apple Tatin..... (Puff pastry, applesauce, vanilla ice cream, caramel and cinnamon)	5,80€
Greek yogurt with applesauce or berries and muesli.....	5,00€
Coulant with ice cream tangerine.....	5,80€
Ice cream, chocolate, strawberry, tangerine, vanilla(1scoop).....	1,60€
Cheese cake with sweet of milk.....	5,00€

Sangrías



	PRICE 1l	PRICE 2l
Wine Sangria.....	10,00€	14,00€
Cava Sangria.....	11,00€	15,00€

Soft drinks



Soft drinks.....	2,40€
Juice.....	2,10€
Freshly squeezed orange juice.....	3,50€

Beer / Cider



1/2 Pint of bier.....	2,00€
Beer (bock).....	3,20€
Bottled beer.....	2,60€
Craft bottled beer.....	4,00€
Sweet cider.....	2,60€
Imported beer.....	3,00€

Water



Water 1/2 l.....	1,60€
Water 1l.....	2,50€

Coffes/teas



Coffees.....	1,30€
Teas and infusions.....	1,60€

Vinos



Glass of Rioja.....	2,50€
Glass of Mencía.....	2,40€
Glass of Ribera del Duero.....	2,50€
Glass of Ribeiro.....	2,30€
Glass of Albariño.....	2,50€

RED WINE

D. O. RIOJA

Marqués de la Concordia (crianza).....	13,00€
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	PRICE
Azpilicueta (crianza).....	15,00€
Ramón Bilbao (crianza)	15,00€
Marqués de la Concordia (reserva).....	17,00€
D. O. RIBERA DEL DUERO	
Rivendel.....	13,00€
Joven de Silos.....	14,00€
Hacienda Abascal (crianza).....	15,00€
Viña Sastre (roble).....	15,00€
D. O. VALDEORRAS	
Galgueira.....	13,60€
Viña Costeira.....	13,00€
D. O. RIBEIRA SACRA	
Guímaro (Mencía).....	14,00€
Ponte da Boga (Mencía).....	14,00€
Cepa Vella.....	13,00€
D. O. MONTERREI	
Stibadia (Mencía).....	14,00€
WHITE WINE	
D. O. RÍAS BAIXAS	
Torre da Moreira (Albariño).....	14,00€
Gran Bazán Ambar (Albariño).....	16,00€
Valmiñor (Rosal).....	13,00€
Marieta (Albariño).....	13,00€
D. O. RIBEIRO	
San Clodio.....	13,00€
Casal de Paula.....	16,00€
Cesares Imperium.....	13,00€
D. O. VALDEORRAS	
Galgueira (Godello)	13,00€
D. O. MONTERREI	
Stibadia (Godello/Treixadura).....	13,00€
FRIZZE ESPUMOSO	
Alma Atlántica	14,00€
(Godello/Albariño)	
Alma Atlántica	14,00€
(Mencía)	

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